

# ACTIVITIES PROGRAMME

July 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	01		02		03		04		05
Games Social		Boxercise or T Shirt Painting		Board Games		Volleyball or Plant Design		Beach Picnic	
	08		09		10		11		12
Bingo		Dodgeball Tournament or Bracelets		Movie Trivia		Table Football Tournament or Diffuser Making		Mini Golf	
	15		16		17		18		19
Democracy and National Unity Day		Boot Camp or Origami		Is It Cake?		Football or Egg Parachutes		British High Tea	
	22		23		24		25		26
Sports Trivia		Badminton or Bath Bombs		Games Social		Beach Games or Giving Back		Axe Throwing	
	29		30		31				
Table Tennis Tournament		Football or Baking		Games Social					

Please visit Reception for more activity information, times, etc

Visit [www.anglo-continental.com/timetable](http://www.anglo-continental.com/timetable)  
For a digital copy

Some activities can change due to bad weather or popularity

Speak with Luke or email him at [lfletcher@anglo-continental.com](mailto:lfletcher@anglo-continental.com) if you have any questions

Please see daily posters in the restaurant for times and locations of each activity